

## HOW TO APPLY SANDRENA® GEL

- (estradiol hemihydrate)
- Always follow your healthcare professionals instructions on dosage and refer to the patient information leaflet for further information
- Store the gel at room temperature (below 25°C).



Tear open the sachet.



Apply the gel on dry, clean skin of your lower body or thigh. The application surface should be 1-2 times the size of a hand. Apply the gel to a different side of your body each day. The gel is only for transdermal (application to the skin) use.



After application allow gel to dry for a few minutes. The application site should not be washed within 1 hour.



Sandrena® gel should only be applied to your lower body or thighs only. The gel should not be applied on the breasts, genitals, on the face or irritated skin. Avoid contact of the gel with the eyes.



Hands should be washed after application.



Avoid skin-to-skin contact of application areas with other people or pets. If skin contact with others is to be expected, the application site should be either covered with clothing after the gel has dried or shower before possible skin contact.

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in the package leaflet. You can also report side effects directly via the Yellow Card Scheme at www.mhra.gov.uk/yellowcard

By reporting side effects you can help provide more information on the safety of this medicine.

